# A Few Principles of Gradient-Based Optimization

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# Part I: Gradient-based optimization



An important quantity to quantify smoothness is the Lipschitz constant of the gradient:

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If f is twice differentiable, L may be chosen as the largest eigenvalue of the Hessian  $\nabla^2 f$ . This is an upper-bound on the function curvature.





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$$f(x) \ge f(y) + \nabla f(y)^{\top} (x-y) + \frac{\mu}{2} ||x-y||^2,$$

If f is twice differentiable,  $\mu$  may be chosen as the smallest eigenvalue of the Hessian  $\nabla^2 f$ . This is a lower-bound on the function curvature.

## Basics of gradient-based optimization Convex Functions

#### Why do we care about convexity?



#### Basics of gradient-based optimization Convex Functions

Local observations give information about the global optimum



- $\nabla f(x) = 0$  is a necessary and sufficient optimality condition for differentiable convex functions;
- it is often easy to upper-bound  $f(x) f^{\star}$ .

If f is convex and smooth



 $\bullet\,$  if f is non-smooth, a similar inequality holds for subgradients.

If  $\nabla f$  is *L*-Lipschitz continuous (*f* does not need to be convex)



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Gradient descent algorithm

Assume that f is convex and L-smooth ( $\nabla f$  is L-Lipschitz).

#### Theorem

Consider the algorithm

$$x_t \leftarrow x_{t-1} - \frac{1}{L} \nabla f(x_{t-1}).$$

Then,

$$f(x_t) - f^{\star} \le \frac{L \|x_0 - x^{\star}\|_2^2}{2t}.$$

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Then,

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How to prove this? Read Nesterov's book! [Nesterov, 2004].

# Proof (1/2)

Proof of the main inequality for smooth functions

We want to show that for all x and z,

$$f(x) \le f(z) + \nabla f(z)^{\top} (x - z) + \frac{L}{2} ||x - z||_2^2.$$

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Then,

$$\begin{split} f(x) - f(z) - \nabla f(z)^{\top} (x - z) &= \int_{0}^{1} (\nabla f(tx + (1 - t)z) - \nabla f(z))^{\top} (x - z) dt \\ &\leq \int_{0}^{1} |(\nabla f(tx + (1 - t)z) - \nabla f(z))^{\top} (x - z)| dt \\ &\leq \int_{0}^{1} ||\nabla f(tx + (1 - t)z) - \nabla f(z)||_{2} ||x - z||_{2} dt \quad (C.-S.) \\ &\leq \int_{0}^{1} Lt ||x - z||_{2}^{2} dt = \frac{L}{2} ||x - z||_{2}^{2}. \end{split}$$

We have shown that for all x,

$$f(x) \le g_t(x) = f(x_{t-1}) + \nabla f(x_{t-1})^\top (x - x_{t-1}) + \frac{L}{2} ||x - x_{t-1}||_2^2.$$

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By summing from t = 1 to T, we have a telescopic sum

$$T(f(x_T) - f^*) \le \sum_{t=1}^T f(x_t) - f^* \le \frac{L}{2} \|x^* - x^0\|_2^2 - \frac{L}{2} \|x^* - x_T\|_2^2 \le \frac{L}{2} \|x^* - x^0\|_2^2$$

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(green) - (red) - (blue) - telescopic sum

If  $\nabla f$  is *L*-Lipschitz continuous and  $f \mu$ -strongly convex



•  $f(x) \le f(x_0) + \nabla f(x_0)^\top (x - x_0) + \frac{L}{2} ||x - x_0||_2^2;$ •  $f(x) \ge f(x_0) + \nabla f(x_0)^\top (x - x_0) + \frac{\mu}{2} ||x - x_0||_2^2;$ 

## Proposition

When f is  $\mu\text{-strongly convex and }L\text{-smooth, the gradient descent algorithm with step-size <math display="inline">1/L$  produces iterates such that

$$f(x_t) - f^* \le \left(1 - \frac{\mu}{L}\right)^t \frac{L \|x_0 - x^*\|_2^2}{2}$$

We call that a linear convergence rate.

#### Remarks

- if f is twice differentiable, L and  $\mu$  represent the larget and smallest eigenvalues of the Hessian, respectively.
- $L/\mu$  is called the condition number.

#### Basics of gradient-based optimization Picture from F. Bach



(large  $\mu/L$ )

(small  $\mu/L$ )

We start from a (blue) inequality from the previous proof

$$f(x_t) \leq f(x_{t-1}) + \nabla f(x_{t-1})^\top (x^* - x_{t-1}) + \frac{L}{2} \|x^* - x_{t-1}\|_2^2 - \frac{L}{2} \|x^* - x_t\|_2^2$$
  
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In addition, blue!  $f(x_t) \geq f^{\star} + rac{\mu}{2} \|x_t - x^{\star}\|_2^2$ , and thus

$$\begin{aligned} \|x^{\star} - x_{t}\|_{2}^{2} &\leq \frac{L - \mu}{L + \mu} \|x^{\star} - x_{t-1}\|_{2}^{2} \\ &\leq \left(1 - \frac{\mu}{L}\right) \|x^{\star} - x_{t-1}\|_{2}^{2}. \end{aligned}$$

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Finally, green!  $f(x_t) \leq f^* + \nabla f(x^*)^\top (x_t - x^*) + \frac{L}{2} ||x_t - x^*||^2$  with  $\nabla f(x^*) = 0$ :

$$f(x_t) - f^* \le \frac{L}{2} \|x_t - x^*\|_2^2 \le \left(1 - \frac{\mu}{L}\right)^t \frac{L \|x^* - x_0\|_2^2}{2}$$

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It is all about green and blue.

A **composite** optimization problem consists of minimizing the sum of a smooth and non-smooth function

$$\min_{x \in \mathbb{R}^p} \left\{ f(x) = f_0(x) + \psi(x) \right\},\$$

where  $f_0$  is L-smooth and  $\psi$  is convex but not necessarily smooth.

Example

A popular choice is  $\psi(x) = ||x||_1$ , which induces sparsity.

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F. Bach, R. Jenatton, J. Mairal, and G. Obozinski. *Optimization with sparsity-inducing penalties*. Foundations and Trends in Machine Learning, 4(1). 2012.



Remark: with stepsize 1/L, gradient descent may be interpreted as iteratively minimizing a tight upper-bound:



Figure: At each step, we update  $x_t \in \arg \min_{x \in \mathbb{R}^p} g_t(x)$ 

Basics of gradient-based optimization: composite problems An important inequality for composite functions

If  $\nabla f_0$  is *L*-Lipschitz continuous



•  $f(x) \leq f_0(x_0) + \nabla f_0(x_0)^\top (x - x_0) + \frac{L}{2} ||x - x_0||_2^2 + \psi(x);$ •  $x_1$  minimizes g.

Gradient descent for minimizing f consists of

$$x_t \leftarrow \operatorname*{arg\,min}_{x \in \mathbb{R}^p} g_t(x) \quad \iff \quad x_t \leftarrow x_{t-1} - \frac{1}{L} \nabla f(x_{t-1}).$$

The proximal gradient method for minimizing  $f = f_0 + \psi$  consists of

 $x_t \leftarrow \operatorname*{arg\,min}_{x \in \mathbb{R}^p} g_t(x),$ 

which is equivalent to

$$x_t \leftarrow \operatorname*{argmin}_{x \in \mathbb{R}^p} \frac{1}{2} \left\| x_{t-1} - \frac{1}{L} \nabla f_0(x_{t-1}) - x \right\|_2^2 + \frac{1}{L} \psi(x).$$

It requires computing efficiently the proximal operator of  $\psi$ .

$$y \mapsto \underset{x \in \mathbb{R}^p}{\operatorname{arg\,min}} \ \frac{1}{2} \|y - x\|_2^2 + \psi(x).$$
Basics of gradient-based optimization: composite problems

#### Remarks

- also known as forward-backward algorithm;
- same convergence rates as GD same proofs;
- there exists line search schemes to automatically tune L;
- proximal operator can be computed for many interesting functions.

# The case of $\ell_1$

The proximal operator of  $\lambda \|.\|_1$  is the soft-thresholding operator

 $x[j] = \operatorname{sign}(y[j])(|y[j]| - \lambda)^+.$ 

The resulting algorithm is called **iterative soft-thresholding**.

[Nowak and Figueiredo, 2001, Daubechies et al., 2004, Combettes and Wajs, 2006, Beck and Teboulle, 2009, Wright et al., 2009, Nesterov, 2013]...

# Accelerated gradient descent methods

Nesterov introduced in the 80's an acceleration scheme for the gradient descent algorithm. Generalization to the composite setting: FISTA

$$\begin{aligned} x_t &\leftarrow \operatorname*{arg\,min}_{x \in \mathbb{R}^p} \frac{1}{2} \left\| x - \left( \frac{y_{t-1}}{L} - \frac{1}{L} \nabla f_0(y_{t-1}) \right) \right\|_2^2 + \frac{1}{L} \psi(x); \\ \text{Find } \alpha_t &> 0 \quad \text{s.t.} \quad \alpha_t^2 = (1 - \alpha_t) \alpha_{t-1}^2 + \frac{\mu}{L} \alpha_t; \\ y_t &\leftarrow x_t + \beta_t (x_t - x_{t-1}) \quad \text{with} \quad \beta_t = \frac{\alpha_{t-1}(1 - \alpha_{t-1})}{\alpha_{t-1}^2 + \alpha_t}. \end{aligned}$$

•  $f(x_t) - f^{\star} = O(1/t^2)$  for convex problems;

•  $f(x_t) - f^{\star} = O((1 - \sqrt{\mu/L})^t)$  for  $\mu$ -strongly convex problems;

• Acceleration works in many practical cases.

see [Beck and Teboulle, 2009, Nesterov, 1983, 2004, 2013]

# What do we mean by "acceleration"?

# Complexity analysis

The complexity to guarantee  $f(x_t) - f^* \leq \varepsilon$ , is given below

	$\mu > 0$	$\mu = 0$
ISTA	$O\left(\frac{L}{\mu}\log\left(\frac{1}{\varepsilon}\right)\right)$	$O\left(\frac{L}{\varepsilon}\right)$
FISTA	$O\left(\sqrt{\frac{L}{\mu}}\log\left(\frac{1}{\varepsilon}\right)\right)$	$O\left(\sqrt{\frac{L}{\varepsilon}}\right)$

#### Remarks

- the rate of FISTA is optimal for a "first-order local black box" [Nesterov, 2004].
- for non-convex problems, acceleration often works in practice, but is poorly understood from a theoretical perspective (local convexity? convexity along trajectories? saddle-point escape?).

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Unfortunately, the literature does not provide any simple geometric explanation... but they are a few obvious facts and a mechanism introduced by Nesterov, called "estimate sequence".

### **Obvious facts**

- Simple gradient descent steps are "blind" to the past iterates, and are based on a purely local model of the objective.
- Accelerated methods usually involve an extrapolation step  $y_t = x_t + \beta_t(x_t x_{t-1})$ with  $\beta_t$  in (0, 1).
- Nesterov interprets acceleration as relying on a better model of the objective called estimate sequence.

#### Definition of estimate sequence [Nesterov].

A pair of sequences  $(\varphi_t)_{t\geq 0}$  and  $(\lambda_t)_{t\geq 0}$ , with  $\lambda_t \geq 0$  and  $\varphi_t : \mathbb{R}^p \to \mathbb{R}$ , is called an estimate sequence of function f if  $\lambda_t \to 0$  and

for any  $x \in \mathbb{R}^p$  and all  $t \ge 0$ ,  $\varphi_t(x) - f(x) \le \lambda_t(\varphi_0(x) - f(x))$ .

In addition, if for some sequence  $(x_t)_{t\geq 0}$  we have

$$f(x_t) \le \varphi_t^\star \stackrel{\Delta}{=} \min_{x \in \mathbb{R}^p} \varphi_t(x),$$

then

$$f(x_t) - f^* \le \lambda_t(\varphi_0(x^*) - f^*),$$

where  $x^{\star}$  is a minimizer of f.

In summary, we need two properties

\$\varphi\_t(x) \le (1 - \lambda\_t)f(x) + \lambda\_t\varphi\_0(x)\$;
\$f(x\_t) \le \varphi\_t^{\star}\$\$\equiv \le \min\_{x \in \mathbb{R}^p} \varphi\_t(x)\$.

#### Remarks

- $\varphi_t$  is neither an upper-bound, nor a lower-bound;
- Finding the right estimate sequence is often nontrivial.

In summary, we need two properties

#### How to build an estimate sequence?

Define  $\varphi_t$  recursively

$$\varphi_t(x) \stackrel{\scriptscriptstyle \Delta}{=} (1 - \alpha_t)\varphi_{t-1}(x) + \alpha_t d_t(x),$$

where  $d_t$  is a **lower-bound**, e.g., if f is smooth,

$$d_t(x) \stackrel{\scriptscriptstyle \Delta}{=} f(y_t) + \nabla f(y_t)^\top (x - y_t) + \frac{\mu}{2} \|x - y_t\|_2^2$$

Then, work hard to choose  $\alpha_t$  as large as possible, and  $y_t$  and  $x_t$  such that property 2 holds. Subsequently,  $\lambda_t = \prod_{t=1}^t (1 - \alpha_t)$ .

# Part II: Stochastic optimization and variance reduction

# Stochastic optimization



Figure: Adaline, [Widrow and Hoff, 1960]: A physical device that performs least square regression using stochastic gradient descent.

# Problems considered in this part

Minimization of (large) finite sums

$$\min_{x \in \mathbb{R}^p} \left\{ f(x) = \frac{1}{n} \sum_{i=1}^n f_i(x) + \psi(x) \right\}.$$

Minimization of expectations with infinite data

$$\min_{x \in \mathbb{R}^p} \left\{ f(x) = \mathbb{E}_z[\ell(x, z)] + \psi(x) \right\}.$$

The finite-sum problem corresponds to the empirical risk minimization problem, whereas the second one corresponds to the **expected cost**.

Consider now the minimization of an expectation

$$\min_{x \in \mathbb{R}^p} f(x) = \mathbb{E}_z[\ell(x, z)],$$

To simplify, we assume that for all  $z, x \mapsto \ell(x, z)$  is differentiable.

#### Algorithm

At iteration t,

- Randomly draw one example  $z_t$  from the training set;
- Update the current iterate

$$x_t \leftarrow x_{t-1} - \eta_t \nabla f_t(x_{t-1})$$
 with  $f_t(x) = \ell(x, z_t)$ .

• Perform online averaging of the iterates (optional)

$$\tilde{x}_t \leftarrow (1 - \gamma_t) \tilde{x}_{t-1} + \gamma_t x_t.$$

There are various learning rates strategies (constant, varying step-sizes), and averaging strategies. Depending on the problem assumptions and choice of  $\eta_t$ ,  $\gamma_t$ , classical convergence rates may be obtained:

- $f(\tilde{x}_t) f^* = O(1/\sqrt{t})$  for convex problems;
- $f(\tilde{x}_t) f^* = O(1/t)$  for strongly-convex ones;

#### Remarks

- The convergence rates are not great, but the complexity **per-iteration** is small (1 gradient evaluation for minimizing an empirical risk versus *n* for the batch algorithm).
- When the amount of data is infinite, the method **minimizes the expected risk** (which is what we want).
- Due to Robbins and Monro [1951].

[Nemirovski, Juditsky, Lan, and Shapiro, 2009, Moulines and Bach, 2011]...

#### What theory tells us

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#### What practice "seems" to tell us

- $\bullet$  for deep networks, reducing twice the learning rate by 10 every x epochs seems ok.
- use a mini batch (cheap parallelization), but not too large?
- use Nesterov/Heavy-ball's extrapolation?
- use an adaptive learning rate strategy? (see next slide)
- averaging? or not?
- solutions tend to have small norm: implicit regularization?

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Practice changes every year. Beware of big inductive claims.

• SGD:

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$$x_t = x_{t-1} - \eta_t \nabla f_t(x_{t-1}) + \beta_t(x_{t-1} - x_{t-2}).$$

• Nesterov's extrapolation:

$$x_t = x_{t-1} - \eta_t \nabla f_t(x_{t-1} + \beta_t(x_{t-1} - x_{t-2})) + \beta_t(x_{t-1} - x_{t-2}).$$

• SGD:

$$x_t = x_{t-1} - \eta_t \nabla f_t(x_{t-1}).$$

• Heavy-Ball momentum:

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• AdaGrad [Duchi et al., 2011]

$$x_t = x_{t-1} - \eta_t H_t^{-1} \nabla f_t(x_{t-1}).$$

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• AdaGrad [Duchi et al., 2011]

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• Adam [Kingma and Ba, 2014]:

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# Back to finite sums

Consider now the case of interest:

$$\min_{x \in \mathbb{R}^p} \frac{1}{n} \sum_{i=1}^n f_i(x),$$

#### Question

Can we do as well as SGD in terms of cost per iteration, while enjoying a fast (linear) convergence rate like (accelerated or not) gradient descent?

#### For n = 1, no!

The rates are optimal for a "first-order local black box" [Nesterov, 2004].

#### For $n \geq 1$ , yes! We need to design algorithms

- whose per-iteration computational complexity is smaller than n;
- whose convergence rate may be worse than FISTA....
- ...but with a better expected computational complexity.

$$\min_{x \in \mathbb{R}^p} \left\{ f(x) = \frac{1}{n} \sum_{i=1}^n f_i(x) \right\}.$$

Several randomized algorithms are designed with one  $\nabla f_i$  computed per iteration, with fast convergence rates, e.g., SAG [Schmidt et al., 2013]:

$$x_k \leftarrow x_{k-1} - \frac{\gamma}{Ln} \sum_{i=1}^n y_i^k \quad \text{with} \quad y_i^k = \begin{cases} \nabla f_i(x_{k-1}) & \text{if} \quad i = i_k \\ y_i^{k-1} & \text{otherwise} \end{cases}$$

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See also SVRG, SAGA, SDCA, MISO, Finito... Some of these algorithms perform updates of the form

$$x_k \leftarrow x_{k-1} - \eta_k g_k$$
 with  $\mathbb{E}[g_k] = \nabla f(x_{k-1}),$ 

but  $g_k$  has lower variance than in SGD.

[Schmidt et al., 2013, Xiao and Zhang, 2014, Defazio et al., 2014a,b, Shalev-Shwartz and Zhang, 2012, Mairal, 2015, Zhang and Xiao, 2015]

These methods achieve low (worst-case) complexity in expectation. The number of gradients evaluations to ensure  $\mathbb{E}[f(x_k) - f^*] \leq \varepsilon$  is

	$\mu > 0$
FISTA	$O\left(n\sqrt{\frac{L}{\mu}}\log\left(\frac{1}{\varepsilon}\right) ight)$
SVRG, SAG, SAGA, SDCA, MISO, Finito	$O\left(\max\left(n,rac{ar{L}}{\mu} ight)\log\left(rac{1}{arepsilon} ight) ight)$

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#### Main features vs. stochastic gradient descent

- Same complexity per-iteration (but higher memory footprint).
- Faster convergence (exploit the finite-sum structure).
- Less parameter tuning than SGD.
- Some variants are compatible with a composite term  $\psi$ .
- SVRG is better than FISTA if  $n \ge \sqrt{L/\mu}$ .

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#### Important remarks

- When  $f_i(x) = \ell(z_i^\top x)$ , the memory footprint is O(n) otherwise O(dn), except for SVRG (O(d)).
- Some algorithms require an estimate of  $\mu$ ;
- $\overline{L}$  is the average (or max) of the Lipschitz constants of the  $\nabla f_i$ 's.
- The L for fista is the Lipschitz constant of  $\nabla f$ :  $L \leq \overline{L}$ .

Incremental gradient descent methods inspired from F. Bach's slides.

Variance reduction

Consider two random variables X, Y and define

$$Z = X - Y + \mathbb{E}[Y].$$

Then,

- $\mathbb{E}[Z] = \mathbb{E}[X]$
- $\operatorname{Var}(Z) = \operatorname{Var}(X) + \operatorname{Var}(Y) 2\operatorname{cov}(X, Y).$

The variance of Z may be smaller if X and Y are positively correlated.

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#### Why is it useful for stochastic optimization?

- step-sizes for SGD have to decrease to ensure convergence.
- with variance reduction, one may use larger constant step-sizes.

#### SVRG

$$x_t = x_{t-1} - \gamma \left( \nabla f_{i_t}(x_{t-1}) - \nabla f_{i_t}(y) + \nabla f(y) \right),$$

where y is updated every epoch and  $\mathbb{E}[\nabla f_{i_t}(y)|\mathcal{F}_{t-1}] = \nabla f(y)$ .

#### SAGA

$$\begin{aligned} x_t &= x_{t-1} - \gamma \left( \nabla f_{i_t}(x_{t-1}) - y_{i_t}^{t-1} + \frac{1}{n} \sum_{i=1}^n y_i^{t-1} \right), \\ \text{where } \mathbb{E}[y_{i_t}^{t-1} | \mathcal{F}_{t-1}] &= \frac{1}{n} \sum_{i=1}^n y_i^{t-1} \text{ and } y_i^t = \begin{cases} \nabla f_i(x_{t-1}) & \text{if } i = i_t \\ y_i^{t-1} & \text{otherwise.} \end{cases} \end{aligned}$$

 ${\rm MISO}/{\rm Finito:}$  for  $n\geq L/\mu{\rm ,}$  same form as SAGA but

$$\frac{1}{n}\sum_{i=1}^n y_i^{t-1} = -\mu x_{t-1} \quad \text{and} \quad y_i^t = \begin{cases} \nabla f_i(x_{t-1}) - \mu x_{t-1} & \text{if } i = i_t \\ y_i^{t-1} & \text{otherwise.} \end{cases}$$

# Can we do even better for large finite sums?

#### Without vs with acceleration

	$\mu > 0$
FISTA	$O\left(n\sqrt{\frac{L}{\mu}}\log\left(\frac{1}{arepsilon} ight) ight)$
SVRG, SAG, SAGA, SDCA, MISO, Finito	$O\left(\max\left(n, \frac{\bar{L}}{\mu}\right)\log\left(\frac{1}{\varepsilon}\right) ight)$
Accelerated versions	$ ilde{O}\left(\max\left(n,\sqrt{nrac{ar{L}}{\mu}} ight)\log\left(rac{1}{arepsilon} ight) ight)$

- Acceleration for specific algorithms [Shalev-Shwartz and Zhang, 2014, Lan, 2015, Allen-Zhu, 2016].
- Generic acceleration: Catalyst [Lin, Mairal, and Harchaoui, 2015].
- see [Agarwal and Bottou, 2015] for discussions about optimality.
- SVRG is better than FISTA if  $n \ge \sqrt{L/\mu}$ .
- AccSVRG is better than SVRG if  $n \leq L/\mu$ .

# Can we do even better for large finite sums?

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• if n is huge (one-pass learning): use SGD!

Questions about incremental methods

## Do they work in practice?

- for convex objectives
  - on training error: huge improvements over well-tuned SGD.
  - on test error: less clear (not worse than SGD).
  - much easier to use than SGD.
- for non-convex objectives: nothing clear yet.

#### When is acceleration useful?

- when the problem is badly conditioned ( $L/\mu$  large).
- when the amount of data is large, but not too large (such that one-pass un-regularized SGD does not work).

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